

Compare Data to More than 70,000 Cases

The client's data is compared to Databank™ norms, containing more than 70,000 cases of both injured and uninjured workers, helping clarify their performance in relation to other workers of a similar demographic background.



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owner

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MYERS
Physical Therapy



Scientifically Identify a Worker's Participation Level

The KEY Assessment methodology delivers a significantly high validity component. By analysis of statistics, the worker's sincerity of effort and participation level can be scientifically identified, rather than based upon the assessment specialist's subjective evaluation.



We're Mobile

If necessary, we can come to you.

- **Coverage area**
Monterey, Santa Cruz, San Benito, and Santa Clara counties, as well as the greater Bay Area
- ★ **Primary testing location:**
*Myers Physical Therapy
 515 Alameda Ave., Suite B
 Salinas, CA 93901*
- **Secondary testing locations (by arrangement):**
San Ramon, CA and Napa, CA



TIP: Before using the form below, make photocopies for future use.

Is Your Patient a Candidate for FCA?

Use the KEY Assessment Referral Matrix below to help you determine if your patient is an ideal candidate for our Functional Capacity Assessment. For each category, circle the box that most clearly describes your patient. Add the numbers associated with each box you circled to find your total. If your total is between 1 and 25 a KEY Assessment is not indicated at this time. If your total is between 26 and 75 a KEY Assessment is indicated.

KEY Assessment Referral Matrix

Age	60 or more 1	51-59 2	40-50 5	25-39 4	24 or less 3	
Injury area	Back 5	Upper Extremity 5	Head/Neck 4	Lower Extremity 4	Other 3	
Medically stable ¹	45 days or less 3	46-90 day 4	91-180 days 5	181-270 days 5	270+ days 5	
Occupation	Professional 1	Technical 2	Sales 3	Clerical 3	Blue Collar 5	Other 4
Strength demands	Sedentary 1	Light 2	Medium 3	Heavy 4	Very Heavy 5	
Time on the job ²	Over 10 years 1	5-9 years 2	4 years 3	3 years 4	Less than 3 years 5	
Time out of work	0-2 months 1	3-6 months 2	7-9 months 3	10-12 months 4	Over 12 months 5	
Litigation status	Yes 5	No 3				
Functional demands ³	Weighted Capabilities 5	Tolerance Capabilities 5	Posture Capabilities 4	Level of Participation 5	Upper Extremity Tolerances 5	Upper Extremity Posture Capabilities 5

¹ This category identifies the amount of days following injury in which a client is considered medically stable. It does not mean that the client has reached maximal medical improvement. It does mean, however, that the client has reached a point in their injury status in which he/she is stable enough to go through an assessment without further risk of injury or exacerbation to their current status. Typically, any client who is 90 days post injury without further complications in their recovery time is considered medically stable.

² This category identifies the amount of years the employee has been at the particular kind of work in which they were injured.

³ This category can have more than one numerical value depending on the different needs of the client. Circle **Weighted Capabilities** if it is necessary to identify what this client can lift, carry, push or pull, either occasionally or frequently for return to work. Circle **Tolerance Capabilities** if it is necessary to identify how long this client can sit, stand, walk, or work in an 8 hour workday. Circle **Posture Capabilities** if it is necessary to identify the client's capability to bend, reach, kneel, crawl, walk, crouch, sit, stand, or squat for return to work. Circle **Level of Participation** if it is necessary to identify if the client is a good participator, an underworker, overworker, or intentional manipulator. The KEY Assessment directly measures participation and places the client into one of the previous 4 categories. Circle **Upper Extremity Tolerances** if it is necessary to identify how long a client can work with their upper extremities. Circle **Upper Extremity Posture Capabilities** if it is necessary to identify a client's capability to use their upper extremities.

Ready to Refer Your Patient?

To refer a patient for a Functional Capacity Assessment, simply fax a prescription specifying Functional Capacity Assessment (FCA) to 831-757-1010 or complete and sign the KEY Assessment Referral Form below.

Please fax completed form to:
831-757-1010

KEY Assessment Referral Form

Client's Name: _____ DOB: _____ Client's Phone #: _____

Claim#: _____ Diagnosis: _____

DOI: _____ Referring MD: _____ Referring MD Phone #: _____

Claims Administrator: _____

Insurance Company Name: _____

Insurance Company Address: _____

Insurance Company Phone: _____ Fax: _____

Employer Name: _____

Copy of Job Description (if available) Signature: _____



KEY K
FUNCTIONAL ASSESSMENTS, INC.



Functional Capacity Assessment

- ~ Patient Management Solutions
- ~ Cost Effective
- ~ Legally Defensible
- ~ 99% Success Rate



Dear Colleague,

Myers Physical Therapy is excited to announce the addition of **Functional Capacity Assessment (FCA)** to the list of services we offer.

We understand that the proper management of some injured workers can be challenging, especially without objective data. We use the **KEY Method**[®] four-hour Functional Capacity Assessment to provide you with that data.

Jason Myers, PT, MS, OCS

Jason Myers, PT, MS, OCS
owner - Myers Physical Therapy



99% Success Rate

One-hundred injured workers were given a KEY Functional Capacity Assessment prior to returning to work. Ninety-three returned to work at or below the level of physical demand recommended by the KEY Assessment. Out of the ninety-three that returned to work, only one was re-injured on the job. **That's a success rate no other system can claim.**

Predict an Injured Worker's Functional Capacity

Our complete 6-8 page report predicts an injured worker's functional capacity with a 95% confidence level.



Obtain Legally-Defensible, Objective Data

The objective methodology used by the KEY system results in **legally-defensible, objective data** that is recognized as the authoritative standard in the Workers' Compensation and legal arenas.

